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PRESS RELEASE

GRIT INTERNATIONAL GROUPS INC IS PLEASED TO ANNOUNCE IT HAS SIGNED A LETTER OF INTENT (LOI) TO ACQUIRE GROVES SANDBLASTING LTD A GRANDE PRAIRIE, ALBERTA CANADAIN-BASED SANDBLASTING & PAINTING COMPANY.

GRANDE PRAIRIE, AB – (Marketwire – July 01st, 2008 – 01:00AM EST) – GRIT International Groups Inc (“GRIT”) (FRANKFURT: **3GR**) (PINKSHEETS: GIGR) is pleased to announce it has signed a Letter of Intent (LOI) to acquire Groves Sandblasting Ltd the initial building block that will set the Industry Standard for the newly publicly formed Sandblasting & Painting Sector.

GROVES Sandblasting Ltd has been the inspiration and the founding spirit for the development of GRIT. Abrasives used in the blasting process could be an assortment of products: sands, or steel-“GRIT”(s)... an industry association to GRIT’s name. But the integral part of GRIT would be the founders name Groves Refurbishing Industrial (product with the use of) Technology. It is with this kindred spirit that has incubated and shaped the outcome of what GRIT International Groups Inc and its wholly owned subsidiaries will become.

The formalities of the LOI have been agreed upon and signed by both groups. We will look forward to embracing and incorporating new techniques to compliment GRIT’s future growth.

As stated by Lawrence Zeiben, President of GRIT, “...this is our initial sure footing forward and together we look forward in taking many more steps together.”

The timing of this merger could not come at a more ideal time, with the parity of the Canadian & US dollar and the strong Oil & Gas Sector barrel price, the future ahead appears very promising.

GRIT INTERNATIONAL GROUPS INC.

GRIT International Groups Inc is a Canadian based company. Its goal is to become one of North America’s major Industrially Specialized Service Providers in the Composite Abrasives Blasting & Paintings/Coatings Sector; seeking to set service standards in Craftsmanship and Quality, with service continuity and product guarantees.

Safe Harbor Statement under the Private Securities Litigation Reform Act of 1995: The statements contained herein which are not historical are forward-looking statements that are subject to risks and uncertainties that could cause actual results to differ materially from those expressed in the forward-looking statements, including, but not limited to, certain delays beyond the company's control with respect to market acceptance of new technologies or products, delays in testing and evaluation of products, and other risks detailed from time to time in the Company's filings with the Securities and Exchange Commission.

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